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RHRC HOURS

 Monday
 7:30am - 5:00pm

 Tuesday
 7:30am - 5:00pm

 Wednesday
 7:30am - 5:00pm

 Thursday
 7:30am - 5:00pm

 Friday
 7:30am - 5:00pm

 Saturday
 closed

 Sunday
 closed

RHRC Office and Rec Center is closed daily from 12:00 Noon to 1:00pm for lunch

HUDDA HORRE

CHINESE RESTAURANT



Monday: Tuesday - Saturday Friday: Sunday: OPEN HOURS Closed 11:00 am - 8:30 pm 11:00 am - 9:00 pm 11:30 am - 8:30 pm

202 E. Silknitter, Rose Hill, KS 67133 **316-776-7888 316-776-7889**



Just in case of a mistake

Complete details of program policies, procedures, and guidelines are sometimes omitted from the program guide due to space limitations. Also, errors in days, times, registration, and fees may occur in the guide.

We thank you in advance for your patience!

Program Cancellation Policy

Participants may cancel or withdrawal from any program 2 business days prior to the program start date. All refunds requested by the participant will be charged a \$5 administration fee will be deducted automatically from the refund amount.

Any cancellation refund request with less than a 2 business day notice will be at the discretion of the Program Director or Superintendent of Recreation.

RHRC does not make courtesy calls to remind participants to come to the programs they are registered for. It is the participant/parent's responsibility to know date, time, and location of the programs they are signed up for.

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Rose Hill Recreation Commission Scholarship Policy

Rose Hill Recreation Commission provides scholarship opportunities due to economic hardship for youth participants residing in the USD 394 boundaries. All requests are confidential. Proof of hardship is required. The following policies apply to the RHRC Scholarship program.

- If scholarship applicants are on the free or reduced lunch program with USD 394 and reside in the USD 394 District boundaries then they qualify for the following scholarship with Rose Hill Recreation Commission.
- 2. 80% discount for up to a maximum of 4 programs per season for each child.
- 3. Participant's parent/guardian will be responsible for the remaining 20% of the regular registration fee plus any appropriate late fees. There is a minimum participation fee of \$5 if the 20% is less than the minimum charge.
- 4. Programs with an activity fee of \$80 or greater will not be eligible for scholarship.
- 5. All participant fees are due at the time of registration.

Youth Programs

Tumbling for Tots

Most children have been practicing their own version of tumbling since they could crawl. We help toddlers as young as 18 months learn motor skills and social skills in a safe, creative setting - with the help of parent participation. Older children up to 5 years old can develop coordination and confidence through floor and balance beam gymnastic lessons. It's a fun, positive experience with lots of one-on-one guidance. Form fitting clothes are recommended.

Dates: Sundays, September 7 - October 5

Time: 18 months - 2 years old 2:00pm - 2:30pm (with Parent)

3-4 years old 2:35pm - 3:05pm 5-6 years old 3:10pm - 3:40pm

Location: RHRC Gvm

Fee: \$30 Late Registration: \$40 Registration Deadline: Wednesday, September 3

Instructor: Morgan Smith

Minimum of 4, Maximum of 10 participants per class

Elementary Tumbling

Elementary students can begin to learn more advanced skills on the floor as well as learn teamwork. We will mostly focus on beginner floor tumbling skills and routines. While touching on the basics of bars and balance beam. These students will learn body control and improve coordination

Dates: Sundays, September 7 – October 5

 Time:
 3:45pm – 4:30pm

 Location:
 RHRC Gym

 Ages:
 7-9 years old

 Fee:
 \$35

Registration Deadline: Wednesday, September 3

Late Registration Cost: \$45

Minimum of 4, Maximum of 10 participants

Instructor: Morgan Smith



Teen Paint Night

Calling all teens to join us for a fun night of painting! Step-by-step instructions will be given to paint the hit collectable Labubu! Light snacks will be provided.

Dates: Tuesday, November 4 6:00pm

Location: RHRC Art Room
Ages: Grades 7-12

\$25

Registration Deadline: Thursday, October 30

Late Fee: \$35

Minimum of 6, maximum of 14 participants Instructor: Kim Peck – Kim's Artsy Things



You DON'T have to live with bugs.

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- ▶ Outside pests
- > Spiders
- ▶ Wasps & hornets
- ▶ Ants
- ▶ Crickets
- Silverfish
- ▷ Spider web removal
- ▶ Wasp removal

(316) 847-6115

Initial Freatment

Ready to get rid of those pests? Call today! Get 80% off your initial service with a regular plan.





School's Out, Dodgeball's In

Play America's most popular gym game - **Dodgeball!!** No need to have a team, just show up! Bring your friends - the

more the merrier!

And, best yet - IT'S FREE!

Dates: Thursday, October 16
Time: 10:30am - Noon
Ages: 8 years and older
Location: RHRC Gym



Middle School Halloween Party

RHRC is dying to see you at it's Spook-tacular Halloween event with plenty of tricks and treats. Join us...if you dare! It's all fun and games, with prizes for best costumes!

All students attending must abide by the USD 394 dress code and RHRC rules. Parent chaperone volunteers welcome, please call RHRC if interested.

Dates:Friday, October 24Time:5:00 - 7:00pmLocation:RHRC GymAges:Middle School

6 - 8 Grades ONLY

Fee: \$5 cash at the door



Paint Your Art Out - Kids' Halloween Class

This class is for young painters and curious kids who want to paint their crazy creativeness on canvas, while having fun! Kids will have step by step instruction to paint this Halloween Pumpkin Stack!

All supplies provided: children may get messy so please dress appropriately.

Dates: Wednesday, October 22

Time: 4:00 – 5:30pm Location: RHRC Art Room Ages: 1st-6th Grades

Fee: \$19 Late Fee: \$29

Registration Deadline: Thursday, October 16 Minimum of 8, maximum of 14 participants

Instructor: Marcine Goodrum



All Star Dance!

All Star Dance is a learning experience for guys and gals to better understand how music and movement complement each other. With over 20 years of dance and theater under her belt, Andrea puts a new spin on choreography by thinking outside the box and straying from the normal dance routines.

Dates: Mondays, September 8 - October 27

Ages: Grades K - 2nd Location: RHRC Studio 6:00 - 6:45 pm

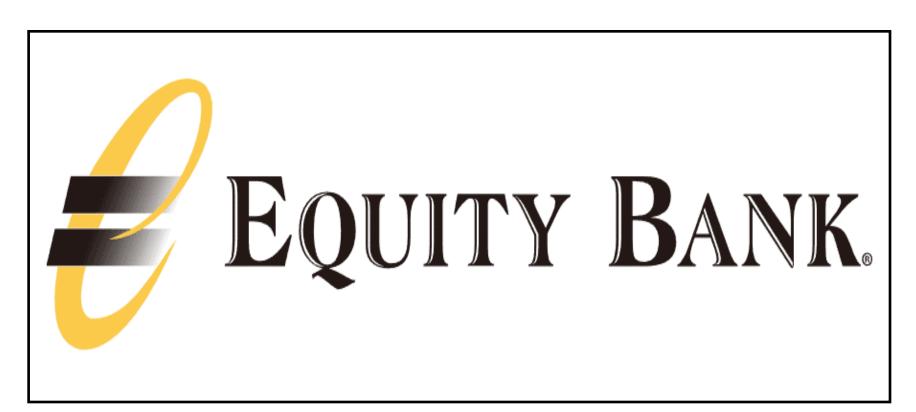
Fee: \$45

Registration Deadline: Thursday, September 4

Late Registration Fee: \$55 Instructor: Andrea Deschaine

Minimum of 4, maximum of 10 participants





Youth Programs

Youth Basketball League (3rd - 6th Grades)

An excellent opportunity for boys and girls to learn about and enjoy the game of basketball. Practices will start in December and games will be played on Saturdays in January, February, and March. Youth league will play against surrounding towns. Some travel will be required.

Volunteer coaches are needed for this program!

Dates: Saturdays in January, February, and March Time: Morning and early afternoon games

Ages/Fee: 3/4 grades \$55 Late Fee: \$65 5/6 grades \$55 Late Fee: \$65

Location: League will play against surrounding towns.

Registration Deadline: Sunday, November 16

Rookie Basketball League (1st - 2nd Grades)

This league will focus on teaching the boys and girls the fundamentals of basketball while introducing the game environment. Practices will start in December and games will be played on Saturdays in January and February.

Volunteer coaches are needed for this program!

Dates: Saturdays in January and February
Time: Morning and early afternoon games
Location: All games will be played in Rose Hill

Ages: 1st - 2nd grades

Fee: \$37

Registration Deadline: Sunday, November 16

Late Registration Cost: \$47



Hope Connections

Let us give you a hand up.

HOPE CONNECTIONS IS AN ORGANIZATION THAT CONNECTS AND MOBILIZES THE EFFORTS OF LOCAL CHARITABLE ORGANIZATIONS, CHURCHES AND BUSINESSES, TO ASSIST INDIVIDUALS AND FAMILIES IN NEED THROUGHOUT SW BUTLER COUNTY SERVING THE COMMUNITIES OF ROSE HILL AND DOUGLASS.

Food Pantry is open every 1st and 3rd Mondays (5:00-6:30) and Wednesdays (11:00-12:30)

hopeconnetionsbutler@gmail.com

Rose Hill United Methodist Church 19559 SW Butler Road, Rose Hill, 67133 316-247-9049

Follow us on Facebook

Connect Love Serve



Be on the look out for sign ups for basketball cheer in November. This is <u>ONLY</u> for girls in 4th, 5th and 6th grades. We will cheer for the RHRC home games in January and February.

Please follow us on Facebook @RHJSS, or email rosehilljuniorcheer@yahoo.com for more information.



Mini Hoopers Basketball (5 Years - Kindergarten)

This program will be instructional with half court games provided to add to the learning process. Sportsmanship is stressed along with the fundamentals of the sport. Coaches will have 1-2 practices during the weeks of the program.

Practices will start in December and games will be played on Saturdays in January and February.

Volunteer coaches are needed for this program!

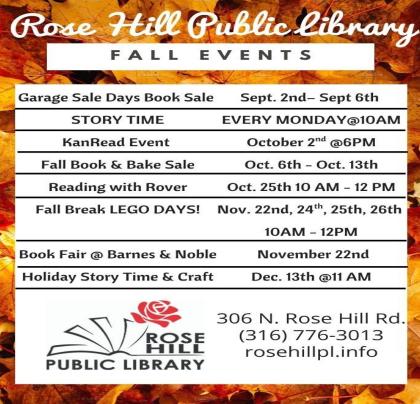
Dates:Saturdays in January and FebruaryTime:Morning and early afternoon gamesLocation:All games will be played in Rose HillAges:5 years old - Kindergarten

Fee: \$30

Registration Deadline: Sunday, November 16

Late Registration Cost: \$40





Youth Programs

Beginner Archery

This archery program is designed to train kids and introduce them to organized archery. We focus on form and safety, giving basics that will get students safely shooting, and a general feel for archery. Whether your child is just interested in archery for fun, or aspires to be the next World Champion, we can help them on the path to their goals.

Dates:

Mondays, September 22 – October 27 7:15 – 8:15pm RHRC Gym Time: Location: 10 years and older Ages:

Fee:

Registration Deadline: Thursday, September 18

Late Registration Cost: \$55 Maximum of 12 participants

Instructors: Wilbur Scott, Robert Johnston















Financial strategies. One-on-one advice.



Ryan Garrison Financial Advisor 1006 N Rose Hill Rd Rose Hill, KS 67133-9463 316-669-8532



RHRC Community Events









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State Farm Florida Insurance Company, Winter Haven, FL





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RHRC Community Events

RHRC Fall Fest Lego Showcase

Unleash your creativity and join our All-Ages Lego Contest! This is your chance to display your building skills and imagination with no limitations. Whether you're a seasoned builder or just starting out, everyone is welcome to participate. **FREE!**

Date: Friday, October 10

Time: 5:30pm (During the Chili Feed)

Ages: Preschool - Adult Location: Rose Hill Elementary Gym

Call RHRC office 776-9880 for more details or

to register.

For complete rules and regulations visit:

rosehillfallfestival.com/forms



s visit:

RHRC Turtle Races

Round up your turtles and put on their racing shoes! Prizes will be given to each heat winner and overall 1st to 3rd place. Please do not paint your turtles. We will mark the turtles on race day. Youth only! **FREE!**

Date: Saturday, October 11 south of the Rec Center

Registration time: 1:00pm

Start time: 1:30pm

T-Shirts will be given to youth turtle

racers while supply lasts.



RHRC Community Picnic

Don't miss out on all the fun! Join us for an afternoon of food, fun and prizes. Bring your lawn chair and make sure you have a Fall Festival button!

Date: Sunday, October 12
Time: 11:30am - 1:00pm
Location: School Street Pond Park

Each person must have a Fall Festival Button to eat or enter the raffle.

Must be present to win.

Straw Stack Scramble starts @ Noon!

13th Annual Fishing Derby

All ages welcome! Space is limited to 200 poles!

\$10 per pole if registered by October 8th

Date: Sunday, October 12

Registration/Check-In: 12:00 -1:00pm

Event: 1:00 - 3:00pm

Location: East Side of School

Street Pond

Parking: Shorty Cox Parking Lot

Lots of prizes including a \$500 GRAND PRIZE!



Start perfecting your chili and be sure to register for the cook-off, which will coincide with the Emergency Services Chaplains Chili Feed.

Awards for winning chili!



Friday, October 10 5:30pm Rose Hill Elementary Gym

Call RHRC office 776-9880 for more details or to register.



October 10-12, 2025

Carnival - parade - car show - street dance Craft show - family games & more!



Scan Here to Donate Online!

RHRC Community Events

Puzzle Mania

Puzzle Mania is back! Teams will consist of 2-4 people. Teams will race to put together a 500 piece Winter themed puzzle. You will be given 2 hours to complete the puzzle. Prizes will be given out to the winning teams. Your team can take home the puzzle after the competition!

Date: Saturday, December 6

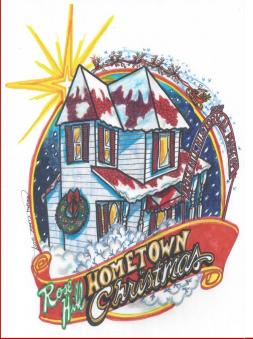
Time: 2:00 - 4:00pm (Check in at 1:45pm)

Ages: All ages Location: RHRC Gym Fee: \$35 per team

Reg Deadline: Tuesday, November 25

Late Registration Cost: \$45





Save the date:

Rose Hill
Hometown
Christmas
2025
Saturday,
December 13

Stay Tuned For Our Fitness Center Hometown Christmas Special!!

Hometown Holiday Hustle Family Style Fun Run

Saturday, December 13 All Ages Welcome!

Come join us for a frosty 2 mile run around the School Street Pond. This event is a fun family-oriented event. Bring everyone, even the little ones! This is a timed, non-sanctioned event.

Check-In: 8:30am Run Start: 9:00am

The Fun Run starts and finishes at the RHRC

\$19 for 1st family member, and \$15 for each additional family member.

Includes Holiday Hustle long sleeve shirt.

Pre-register by Wednesday, December 3 to guarantee a shirt.





£st 2014

South Central Punishers Wrestling Club

** 4 USA Wrestling Greco Roman National Champions**

**2 USA Wrestling Freestyle National Champion

** 39 USA Wrestling Freestyle All Americans**

** 40 USA Wrestling Greco Roman All Americans**

** 38 USAW Kansas Triple Crown Winners **

Recognized USA Wrestling Top 50 Club in the country

2018-2019-2020-2021-2022-2023





Coach Tony Ponce 2007 NAVA Al American 2005 Labette National Champianship Team Member Dana Colege & Maland Uhivesity Grad Asst Coach BS Dana Colege What: Fall Pre-Season Training
When: Post Labor Day; starting that week
Where: Punisher Training Facility
Days: TBD (Twice a week)

James (316) 650-9338

Email: scpunishers@gmail.com

Website: www.southcentralpunishers.com
Facebook: South Central Punisher Wrestling Club
Contact James for details for regular season sign-ups

Family and Adult Programs

Art in the Park

Art in the park is an outdoor art class designed for all skill levels. This class provides an inspiring environment where participants can explore various artistic techniques. Guided by an experienced instructor, you will create a family puzzle while enjoying the fresh air and natural scenery. Fun for the whole family!

Dates: Tuesday, September 2

Ages All ages Time: 6:00pm

Location: Shorty Cox Park (629 E School St)

Fee: \$25 per family

Registration Deadline: Tuesday, August 26

Late Registration Cost: \$35 Minimum of 4, Maximum of 10 Families

Instructor: Kim Peck



RHRC Adult Cornhole League Switcholio

Switcholio is a blind draw round robin in which players get a new partner for every game. Each player will play 3-4 games per night. Your individual points will be kept for the league standings and the overall winners will receive prizes. You will sign up as an individual. Four weeks of league followed by a tournament. Must play at least two weeks to qualify for the tournament. All skill levels welcome!

You are welcome to use your own bags but we will have a few extra as well.

Dates: Wednesdays, beginning October 22

Time: 6:30pm
Location: RHRC Gym
Ages: 16 years and older
Fee: \$20 per player

Registration Deadline: Sunday, October 19



CPR Training

Now is the time to learn proper technique for CPR and basic first aid at a bargain price. Each participant will receive an American Heart Association certification card.

Dates: Sunday, October 19
Time: 1:00 - 5:00pm
Location: RHRC East Room
Ages: 16 years and older

Fee: \$40

Registration Deadline: Tuesday, October 14

Late Registration Cost: \$50

Minimum of 5, Maximum of 10 participants

Instructor: Beth Pompa



Adult Sip and Paint

Unleash your creativity while enjoying a relaxing atmosphere and sipping on your favorite beverages. Our skilled instructor will guide you step-by-step through creating a beautiful Fall-themed painting. Come alone or bring your friends for a fun and memorable experience! All participants must be 21+. Bring your own refreshments.

Dates: Thursday, October 16

Time: 6:30pm

Location: Rose Hill Community Room

Ages: 21 years and older

Fee: \$30

Registration Deadline: Sunday, October 12

Late Fee: \$40

Minimum of 6, maximum of 14 participants

Instructor: Kim Peck – Kim's Artsy Things



You're Invited

316-841-8552 info@fcrosehill.com facebook.com/fcrosehill fcrosehill.com Pastor Ryan Reach



Loving Jesus - Serving The Hill

Sunday Mornings Coffee 9:30 Worship 10:00

> meeting at Rose Hill Rec Center 400 S. Rose Hill Rd

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RHRC 24-Hour Fitness Center



Senior citizens (age 60 and older): 10% discount

Membership Information	Individual Membership	Family Membership
Month	\$27	\$39
Semi-Annual (6 months)	\$112	\$200
*Annual BEST VALUE!	\$200	\$372

Special Discount Pricing for City of Rose Hill, USD 394, Active Duty Military Personnel, and RH Corporate Partners:

Single: \$ 19 / month

\$140 / annual amily: \$ 29 / month

Family: \$ 29 / month \$260 / annual

This cannot be combined with any other discount.





Fitness Center Includes:

4 Precor Interactive Treadmills 3 Precor Interactive Elliptical Trainers 1 Precor Interactive Recumbent Bike 1 Precor Interactive Upright Bike 1 Precor Interactive AMT 1 Precor StairClimber 8 Precor Selectorized Weight Machines Precor Smith Machine Hoist Leg Press/Hip Sled HydroRower Helix Lateral Trainer 2 Dual Adjustable Pulley Trainer Precor Olympic Bench Press Hammer Strength Power Rack 1800+ lbs. Free Weights Dumbbells 5 - 115 lbs. Precor Calf Raise Life Fitness Pull Down Life Fitness Assisted Dip - Chin

Hoist Back Extension
2 Hoist Adjustable Benches
Precor Adjustable Decline Bench
Precor Preacher Curl
6 Flat Screen TVs

RHRC Memberships:

- Without a membership, you can use the fitness center during posted office hours by paying a daily fee of \$5 each visit.
- To sign up, pick up a packet of information at the RHRC office, or online at rosehillrec.com
- Fitness Center Membership fees and renewals are not available for Online Registration.

Rose Hill Chiropractic Clinic

Douglas J Schoenfofer, D.C.

402 N Rose Hill Rd - Rose Hill, KS 67133

Telephone: (316) 776-0555

Voice Mail: (316) 641-3727

Web Address: www.rosehillchiropractic.com/



Rose Hill Family MedCenter (1907).

Marty Turner, MD, FAAFP
Family Medicine

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We Specialize in Sports Injuries

RHRC Personal Training:

Personal Training Prices:

Individual:

1 - 9 sessions: \$32/hour

10 or more sessions: \$28/hour

Group Training: 2 – 4 people: \$22/hour/person

Who motivates you the most and makes working out fun? Your friends! Grab a group of your buddies and an RHRC Personal Trainer to maximize your workout. Personal Training is not available for Online Registration.



Get Signed Up: Register directly at Bootcampwichita.com

Or call for more info: Phone: Edgar Smith (316) 992-9578





what's the dirt?

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Child Development Center & Preschool

www.weerockets.net

For more information on enrollment call 316-776-9330

A mission of Rose Hill United Methodist Church

109 S. Main • Rose Hill, KS • 316.776.9330 A Mission of the Rose Hill United Methodist Church

Fitness Classes Fall Session: September 29 - November 20

Drop-In Fee

\$5 per class. After classes begin, if not registered for class, you must pay \$5 drop-in fee to instructor to participate.

Cardio/Strength, Morning & Evening Yoga

\$47 per session

\$72 for 2 or more of any class offered

\$30 per session for 1 day per week attendance

Strength & Flexibility, Zumba, Belly Dancing, and Restore & Recover \$30 per session

Back Half Special: Didn't get started at the beginning of the session, but don't want to wait until the next session to start? Sign up for 4 weeks (half)

of the session for: \$30 (2 times a week class) This offer begins: October 27

\$18 (1 times a week class)

Class Descriptions:

Belly Dancing

Belly Dancing is a good cardiovascular workout and increases flexibility and strength. It focuses on the torso or core muscles, while encouraging a fun style of fitness. Belly Dance is suitable for all ages and body types. We offer individual challenges as we work on choreography and combinations.

Tuesdays, 7:00pm

Cardio and Strength

This class utilizes weights as well as your own weight for strength, mixing in cardio to get the heart rate up and the blood pumping. Any fitness level encouraged to join.

Mondays and Thursdays, 8:30 - 9:20am

Evening Yoga

Yoga-style sessions include a flow of poses that help build strength and flexibility in a balanced way. Experience the many physical and emotional benefits that yoga can offer. Mats and blocks are available or you may bring your own.

Mondays and Thursdays, 7:00 - 7:50pm

Morning Yoga

You will increase flexibility, balance and strength while progressing at a healthy pace. All fitness levels welcome. Experience the art of deep breathing for personal awareness and relaxation from stress. Find release from the stiff muscles in your back, neck, shoulders and legs.

Mondays and Thursdays, 9:30 - 10:20am

Strength and Flexibility

This class is designed to improve your overall fitness, strength, flexibility and balance. It is a full body workout consisting of stretching and toning that incorporates a variety of equipment and body exercises. Strength and flexibility is perfect for all ages and body types.

Thursdays, 6:00 - 6:50pm

Restore & Recover

A mid-week hour is just what your body ordered. This class is designed with creative combinations restoring flexibility, strength, balance and more, all while using various tools to enhance your experience. Patterns of functional movement that will be easily modified for all fitness enthusiasts of any age. Every week will be sure to encourage you to continue movement with confidence.

Zumba

ZUMBA® is a fusion of Latin and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Wednesdays, 6:00 - 6:50pm

Monday	Tuesday	Wednesday	Thursday
Cardio & Strength 8:30 - 9:20am Hobson/Racchini			Cardio & Strength 8:30 - 9:20am Hobson/Racchini
Morning Yoga 9:30 - 10:20am Hobson			Morning Yoga 9:30 - 10:20am Hobson
		Zumba 6:00 - 6:50pm Burnison	Strength & Flexibility 6:00 - 6:50pm Racchini
Evening Yoga 7:00 - 7:50pm Wenger	Belly Dancing 7:00pm Street		Evening Yoga 7:00 - 7:50pm Wenger

Online Registration available for those wanting to enroll in one RHRC Fitness Class. If you enroll in multiple classes you will want to enroll in the RHRC office directly for better pricing.





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Wichita

776-8920

Rose Hill



KIMBALL SCHOOL TAEKWONDO

BUILD A BETTER TOMORROW

316-312-0255 www.rosehillrec.com

6 Weeks



Master Black Belt instructors in each class.

Head Instructor: Brett Kimball For more info call Brett: 316-312-0255

Ages: 7 years to adults Times: Tuesdays, 6 - 7:30 pm

Thursdays, 6:30 - 7:30 pm

Regular Fee: Student \$55; Family \$110

Uniform normally \$45



Check us out on Facebook!

Colton Waters, RHRC Fitness Director M.S.

ACE Certified Personal Trainer

RHRC Fitness Instructors





Paula Hobson - Yoga, Cardio/Strength, Personal Trainer

Paula is an ACE Certified Personal Trainer, NETA Certified Yoga Instructor, and an avid Belly dancer for many years. She has taught a variety of classes including Boot Camp, Yoga, Strength Training, Beginning Belly Dancing. She loves working with people, help them achieve their goals, and having fun while doing it!



Kim Wenger - Yoga

Kim Wenger is a registered yoga teacher. Her practice of yoga began in 2001, and her journey has continued to the present. She is trained with Siva Yoga. During the warmer parts of the year she is the resident yoga teacher for Whole Foods Market in Wichita. Kim is a registered teacher with Yoga Alliance and lives in Wichita. KS.



Kristal Burnison - Zumba

Kristal Burnison has been enjoying the fun of Zumba fitness for almost 10 years now. Kristal has a positive and healthy influence on people's lives and feels blessed to share it within the community. Zumba is perfect for every fitness level and it doesn't even feel like you are working out! "Ditch the workout and join the party" with Kristal!



Amy Racchini - Strength/Flexibility, Cardio/Strength

Amy has been in the fitness world for the past 10 years. Teaching water and land classes at area fitness centers. She lives here in Rose Hill with her husband and 5 kids. With a full schedule at home she continues to teach, because she has a passion to help people. She looks forward to serving the Rose Hill community.



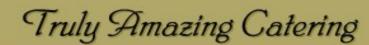
Raven (Melody Street) - Belly Dancing

Raven has been dancing, teaching and performing in the Wichita area for many years. Raven has studied a variety of dance forms over the years, from traditional Middle Eastern Dance, American Tribal Style, folkloric, fusion, modern dance, and recently flamenco.



Stacy Dinicola - Restore/Recover

Stacy has been a fitness enthusiast for over 20 years. In addition to being a certified Personal Trainer, she has taught a variety of fitness class for all ages. She focuses on providing a safe environment for all who attend her classes. Her motto has always been "Train the Mind, Body, and Soul". For the past several years her focus has been on the aging population and women's health. You will never have a dull moment with her.



Trudi Mankins 316-655-8508

Sydney Mankins 316-253-8626



Rose Hill Recreation Information 14

RHRC HOURS

Monday 7:30am - 5pm
Tuesday 7:30am - 5pm
Wednesday 7:30am - 5pm
Thursday 7:30am - 5pm
Friday 7:30am - 5pm
Saturday closed
Sunday closed

RHRC Office and Rec Center is closed daily from noon to 1:00pm for lunch

Program Cancellation Policy

Participants may cancel or withdrawal from any program 2 business days prior to the program start date. All refunds requested by the participant will be charged a \$5 REFUND FEE that will be deducted automatically from the refund amount

Any cancellation refund request with less than the proper 2 business day notice will be at the discretion of the Program Director or Superintendent of Recreation.

RHRC does not make courtesy calls to remind participants to come to the programs they are registered for. It is the participant/parent's responsibility to know date, time, and location of the programs they are signed up for.

RHRC GENERAL POLICIES

- All programs require pre-registration unless otherwise noted.
- 2. All fees are to be paid at time of registration.
- 3. Classes are filled on a first come, first served basis.
- 4. RHRC has the right to cancel any class or program.
- If a program is cancelled, participants will be notified and fees refunded or credited per the RHRC Program Cancellation Policy.
- 6. All refunds will be at the discretion of RHRC.
- 7. Late Registration will be subject to Late Registration Fees. No exceptions.
- All athletic participants must play in their age divisions. Exceptions may be granted for coaching conveniences.
- All registration must go through the RHRC Office or through RHRC Online Registration. No payment and registrations will be made directly to the class instructors.
- 10. Senior Citizens age 60 and older will receive a 10% discount on all RHRC programs.

Mission Statement

To enhance the quality of life in Rose Hill, Kansas and USD 394, by providing a comprehensive, affordable, recreation and leisure program for all ages.

RHRC Board Members and Staff

Roger Burnham, President Ross Chappell, Vice President Wilbur Scott, Member Ryan Hill, Member Nate Hills, Member

Jason Steadman, Superintendent jason@rosehillrec.com

Josh Meyer, Programs Director josh@rosehillrec.com

Colton Waters, Fitness Director colton@rosehillrec.com

Jill Gunter, Administrative Asst. jill@rosehillrec.com

RHRC Board Meetings

are open to the public and held at the RHRC Office the 2nd Wednesday of each month at 6 pm.

Please use East Door.

Rose Hill Recreation

400 S. Rose Hill Road P.O. Box 46 Rose Hill. KS 67133

Phone #: 776-9880

www.rosehillrec.com

After hours/emergency, Contact:

316-461-6535

Rent the Rec

Rental Prices:

Gym: For Sports: \$25/hr Gym: For Banquets or Parties: \$50/hr

Meeting Room:

During RHRC Open hours: \$15/hr
During RHRC Closed hours: \$20/hr

- Gym can only be rented when RHRC is closed, or special occasions that are approved by RHRC Management.
- \$50 Cleaning Deposit required on all rentals
- Chair Rental \$2 with \$10 deposit each
- Table Rental \$5 with \$40 deposit each

COMMUNITY GROUP CONTACTS

JR. FOOTBALL	CHAD SPAULDING	316.204.6445	INFO@RHJFB.ORG
Jr. Spirit Squad	NATALIE GREENLEE	316.734.0598	ROSEHILLIUNIORCHEER@YAHOO.COM
RH LIBRARY	CINDY WITHERSPOON	316.776.3013	${\tt CWITHERSPOON@CITYOFROSEHILL.COM}$
STRIKE ZONE BATTING CAGES	KELLY MILLER	316.214.0140	RHStrikezone@yahoo.com
TAEKWONDO	BRETT KIMBALL	316.312.0255	kimbaang000@gmail.com
YOUTH WRESTLING	JAMES BILBY	316-650-9338	SCPUNISHERS@GMAIL.COM
RH GIRL SCOUTS	JESSICA CHANDLER	316.737.4459	JESSICACHANDLER1987@GMAIL.COM
RH GIRL SCOUTS	JENNIFER MAYCOCK	316.621.0665	Jennifer.maccarthy84@gmail.com
RH BOY SCOUTS	SHAWN THOMISON	316.258.6982	SHAWN2334@GMAIL.COM
RH CUB SCOUTS	ERIC NICKELSON	316.558.2769	ERNICKELSON@YAHOO.COM



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PERMIT # 19

Rose Hill, KS 67133

Youth Basketball Leagues

<u>League</u>

Mini Hoopers

5 years old - K

Nov 16

Mini Hoopers 5 years old - K Nov 16
Rookie 1st - 2nd Grades Nov 16
Youth League 3rd - 4th Grades Nov 16
Youth League 5th - 6th Grades Nov 16

Volunteer coaches are needed for these leagues! Details on page 4

Paint Your Art Out Kids' Halloween Class

Wednesday, Oct 22 4:00 - 5:30pm 1st — 6th Grades

ist — 6th Grades

\$19 Details on page 3

Middle School Halloween Party

Friday, Oct 24 5:00 - 7:00pm

Middle School: 6 - 8 Grades Only \$5 cash at the door

Details on page 3

Tumbling for Tots

Sundays
Starting: Sept 7

18 months to 6 years old

\$30 Details on page 2

RHRC Cornhole Switcholio

Wednesdays, beginning Oct 22

16 years and older

\$20 per person Deta

Details on page 9

Elementary Tumbling

Sundays, 3:45 - 4:30pm Starting: Sept 7 7 - 9 years old

Details on page 2

Puzzle Mania

Saturday, Dec 6 2:00 - 4:00pm All Ages \$35 per team

Details on page 8

Teen Paint Night

TUESDAY, November 4
6:00pm
\$35

Details on page 2

Beginner Archery

Mondays
Sept 22 - Oct 27
7:15 - 8:15pm
10 years and older
\$45

Details on page 5

Holiday Hustle Fun Run

Saturday, December 13

Check In = 8:30am Run Start = 9:00am

Details on page 8



Schools Out, Dodgeball's In It's Free!!

Thursday, October 16 10:30am-noon 8 years and older

Details on page 3